## What is School Readiness?

School readiness is not about formal learning but it is your child becoming independent, communicative and curious about the world around them.

- Your child learns and develops mainly through play and interaction with others.
  - You are your child's most important and ongoing educator. All the positive experiences that you have already given your child contribute towards them being ready for school.





## Ready for School?

Starting school is a very exciting next step for your child. This leaflet aims to inform you of some of the ways you can support your child.



You can support your child by encouraging them to independently...

Dress and undress, including buttons and zips

Feed themselves using a knife, fork and spoon

Go to the toilet, wipe properly and flush

Wash and dry hands

Put on and take off shoes

Encourage your child to...

Talk about themselves, their needs and feelings

Think for themselves and ask for help when needed

Follow simple instructions

Share and take turns when speaking and playing



Help develop your child's curiosity by...

Exploring the outdoors, e.g. the woods and seaside

Being creative and exploring messy play

Being active everyday - run, jump, dance!

Trying new things, e.g. foods and activities

Asking questions and talking about experiences